DeliverLean™

# view our SAMPLE MENU

Healthy Living. Quick and Easy.
DESIGNED FOR YOUR LIFESTYLE.

## CLASSIC DESIGNED FOR CONVENIENCE AND EVERYDAY MAINTENANCE

- Roasted Pesto Pork Wrap — CLASSIC
- Grilled Chicken and Waffles — CLASSIC
- Chili Lime Shrimp Yakisoba with Whole Wheat Soba — CLASSIC
- Anchu Marinated Pork Sandwich — CLASSIC
- Eggs Over Easy with Sweet Potato Hash — CLASSIC
- Turkish Chicken — CLASSIC
- Caribbean Spiced Seared Scallops — CLASSIC
- Pan Seared Filet Mignon — CLASSIC

## PALEO LOW-CARB, HIGH PROTEIN WITH WEIGHT LOSS IN MIND

- Marinated Chicken and Mango Paleo Wrap — PALEO
- Fresh Blueberry Multigrain Pancakes — PALEO
- Asian Beef with Ginger Carrots — PALEO
- Caribbean Rum Glazed Chicken — PALEO
- Honey Lime Grilled Salmon with Sweet Potato Wedges — PALEO
- Chicken Parmesan with Spiralized Zucchini — PALEO
- Smoked Turkey Paleo Wrap — PALEO
- Grilled Shrimp with Wok Vegetables — PALEO

## KETO LOW-CARB, HIGH FAT DIET DESIGNED FOR WEIGHT LOSS & FAT BURNING

- Grass Fed Beef Lettuce Burger — KETO
- Herb Grilled Salmon — KETO
- Asian Sesame Beef Stir Fry — KETO
- Eggs Napoli — KETO
- Grilled Chicken with White & Green Asparagus — KETO
- Bourbon Marinated Scallops — KETO
- Sandeat Chicken — KETO
- Mango Blueberry Pork Tenderloin — KETO

## VEGAN CAREFULLY CRAFTED PLANT-BASED NUTRITION

- Peach Crusted Tofu with Black Rice — VEGAN
- Roasted Butternut Squash Breakfast Burrito — VEGAN
- Kale Acai Berry Smoothie — VEGAN
- Butternut Squash and White Bean Stew — VEGAN
- Gluten Free Chickpea Tuna Wrap — VEGAN
- Vegetarian Lentil Meatloaf — VEGAN
- Chickpea Scramble — VEGAN
- Grilled Veggie Sandwich — VEGAN

## VEGETARIAN NATURALLY NUTRITIOUS, BALANCED AND WHOLESOME

- Eggs Over Easy with Lentils — VEGETARIAN
- Smokey Quinoa Tacos — VEGETARIAN
- Spinach Chickpea Curry — VEGETARIAN
- Sprouted Breakfast Bagel Sandwich — VEGETARIAN
- Eggplant Lasagna with Parmesan Cheese — VEGETARIAN
- Butternut Squash and White Bean Stew — VEGETARIAN
- Soba Noodle Salad — VEGETARIAN
- Almond Pancakes with Coconut Yogurt — VEGETARIAN

## FOR KIDS NUTRITIOUS AND DELICIOUS WITH KIDS IN MIND

- Ground Beef Taquitos — FOR KIDS
- Vegetarian Pinwheels — FOR KIDS
- Baked Romano Chicken Cutlet — FOR KIDS
- Avocado Marinated Grilled Chicken Sandwich — FOR KIDS
- Mixed Berry Pull Pockets — FOR KIDS
- Grilled Cheese Sandwich — FOR KIDS
- Grilled Chicken with Hearty Pasta and Cheese — FOR KIDS
- Baked Fish Fingers — FOR KIDS

## GRBNGO FRESH ON THE GO GOODNESS

- Asian Chicken Salad — GRBNGO
- Mediterranean Bento Box — GRBNGO
- Italian Wrap — GRBNGO
- Spiced Couscous Salad — GRBNGO
- Turkey & Swiss Sandwich — GRBNGO
- Berry Berry Cream Yogurt Parfait — GRBNGO
- Ham Egg & Cheese Mini Ciabatta — GRBNGO
- Watermelon — GRBNGO

## JUICE ORGANIC COLD-PRESSED JUICE AND SHOTS

- Sublime
- Unbeatable
- Lemon Aid
- Skinny Greens
- Mint Condition
- Piña Kale Lolita
- Pink
- Ginger Shot

## SNACKS HEALTHY SNACKS

- Harmless Coconut Water — SNACKS
- Dang Coconut Chips — SNACKS
- Rhythm Beef Chips — SNACKS
- EDEAR Blueberry — SNACKS
- Wild Zenobia Peanut Butter Cups — SNACKS
- LaCreme Coffee Mocha Draft Latte — SNACKS
- Buddha Bowl Himalayan Gold Popcorn — SNACKS
- Rhythm Kale Chips — SNACKS

## DESSERTS PORTION CONTROLLED GOODNESS FOR MODERATION

- Berry Cheesecake — DESSERTS
- Strawberry Scone — DESSERTS
- Paleo Chocolate Brownie — DESSERTS
- Apple Tart — DESSERTS
- Chocolate Doughnuts — DESSERTS
- Torta de Nonno — DESSERTS
- Gluten Free Chocolate Chip Cookie — DESSERTS
- Espresso Cheesecake — DESSERTS

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